

# Princethorpe Sport Lent Term 2020



## Contact Information

School office

01926 634200

Foundation Director of Sport

Mr Neil McCollin  
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Head of Boys' Games

Mr Mike Turns  
[Miketurns@princethorpe.co.uk](mailto:Miketurns@princethorpe.co.uk)

Head of Girls' Games

Miss Jen Law  
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Twitter

@PrincethorpePE  
#princethorpeandproud

Follow us on Twitter for up to date results, photos and return times to school.

Sport	Coach	Email address:
<b>Girls' Netball</b>		
<b>1<sup>st</sup> VII &amp; 2<sup>nd</sup> VII</b>	<b>Hannah Carminati</b>	<a href="mailto:hannahcarminati@princethorpe.co.uk">hannahcarminati@princethorpe.co.uk</a>
<b>3<sup>rd</sup> &amp; 4<sup>th</sup> VII</b>	<b>Jen Law</b>	<a href="mailto:jenlaw@princethorpe.co.uk">jenlaw@princethorpe.co.uk</a>
<b>U15</b>	<b>Louise Harrison</b>	<a href="mailto:louiseharrison@princethorpe.co.uk">louiseharrison@princethorpe.co.uk</a>
<b>U14</b>	<b>Jen Law</b>	<a href="mailto:jenlaw@princethorpe.co.uk">jenlaw@princethorpe.co.uk</a>
<b>U13</b>	<b>Ellie Callan</b>	<a href="mailto:elliecallan@princethorpe.co.uk">elliecallan@princethorpe.co.uk</a>
<b>U12</b>	<b>Hannah Carminati</b>	<a href="mailto:hannahcarminati@princethorpe.co.uk">hannahcarminati@princethorpe.co.uk</a>
<b>Boys' Hockey</b>		
<b>1<sup>st</sup> XI</b>	<b>Paul Whitehead</b>	<a href="mailto:paulwhitehead@princethorpe.co.uk">paulwhitehead@princethorpe.co.uk</a>
<b>2<sup>nd</sup> XI</b>	<b>Cyp Vella</b>	<a href="mailto:cyprianvella@princethorpe.co.uk">cyprianvella@princethorpe.co.uk</a>
<b>U15</b>	<b>Rachael Mack</b>	<a href="mailto:rachaelmack@princethorpe.co.uk">rachaelmack@princethorpe.co.uk</a>
<b>U14</b>	<b>Will Bower</b>	<a href="mailto:willbower@princethorpe.co.uk">willbower@princethorpe.co.uk</a>
<b>U13</b>	<b>Mike Turns</b>	<a href="mailto:miketurns@princethorpe.co.uk">miketurns@princethorpe.co.uk</a>
<b>U12</b>	<b>Dominic Phelps</b>	<a href="mailto:dominicphelps@princethorpe.co.uk">dominicphelps@princethorpe.co.uk</a>

<b>Sport</b>	<b>Coach</b>	<b>Email address:</b>
<b>Football</b>		
<b>1<sup>st</sup> XI</b>	<b>Ross Holtom</b>	rossholtom@princethorpe.co.uk
<b>2<sup>nd</sup> XI</b>	<b>Stewart Dear</b>	stewartdear@princethorpe.co.uk
<b>3<sup>rd</sup> XI</b>	<b>Kieran McCullough</b>	kieranmccullough@princethorpe.co.uk
<b>U15</b>	<b>Stewart Dear</b>	stewartdear@princethorpe.co.uk
<b>U14</b>	<b>Neil McCollin</b>	neilmccollin@princethorpe.co.uk
<b>U13</b>	<b>Daniel White</b>	danielwhite@princethorpe.co.uk
<b>U12</b>	<b>Ross Holtom</b>	rossholtom@princethorpe.co.uk
<b>Girls' Hockey</b>		
<b>1<sup>st</sup> XI</b>	<b>Rachael Mack</b>	rachaelmack@princethorpe.co.uk
<b>2<sup>nd</sup> XI</b>	<b>Cyp Vella</b>	cyprianvella@princethorpe.co.uk
<b>U15</b>	<b>Jen Law</b>	jenlaw@princethorpe.co.uk
<b>U14</b>	<b>Dominic Phelps</b>	dominicphelps@princethorpe.co.uk
<b>U13</b>	<b>Hannah Carminati</b>	hannahcarminati@princethorpe.co.uk
<b>U12</b>	<b>Ellie Callan</b>	elliecallan@princethorpe.co.uk
<b>Boys' Rugby</b>		
<b>1<sup>st</sup> XV</b>	<b>Peter Bucknall</b>	peterbucknall@princethorpe.co.uk
<b>2<sup>nd</sup> XV</b>	<b>Stuart Friswell</b>	stuartfriswell@princethorpe.co.uk
<b>U15</b>	<b>Neil McCollin</b>	neilmccollin@princethorpe.co.uk
<b>U14</b>	<b>Mike Turns</b>	miketurns@princethorpe.co.uk
<b>U13</b>	<b>Will Bower</b>	willbower@princethorpe.co.uk
<b>U12</b>	<b>Ross Holtom</b>	rossholtom@princethorpe.co.uk
<b>Cross Country</b>	<b>Will Bower</b>	willbower@princethorpe.co.uk
<b>Archery</b>	<b>Rob Southern</b>	robsouthern@princethorpe.co.uk

Many Happy Returns after a busy festive season, we hope that you have managed to relax and are raring to go for this busy Lent term.

After a difficult Michaelmas term, with the wettest period in Warwickshire for the last decade, we hope for a more consistent sports programme this term. The term has only just started and already the boys have completed their MT13 pre-season training day, with all age groups in action from the 11 January 2020.

Boys will take part in hockey, football and cross country this term whilst the girls are refining their skill set in netball and their fitness for cross country. There are many highlights to look forward to such as the Saturday football blocks in January and February, the ISA Midlands and National Finals in netball, a strong boys hockey fixture list and the notorious Midlands ISA cross country away at Bedstone College.

In our prayer for the New Year:

*“Dear Lord, please give me a few friends who understand me and remain my friends; a work to do which has real value, without which the world would be the poorer; a mind unafraid to travel, even though the trail be not blazed; an understanding heart; a sense of humour; time for quiet, silent meditation; a feeling of the presence of God; the patience to wait for the coming of these things, with the wisdom to recognise them when they come. Amen.”*

In this we strive to be the best version of ourselves that we can be this term while always being the best teammates and supporters of our friends and peers.

The weather can be cold this term so please make sure that pupils are dressed in their warm Princethorpe sports kit – black base layers, Princethorpe sport jumper, Princethorpe tracksuit top and tracksuit bottoms. The senior kit is now available for Year 10 and above so please purchase a hoodie at the Uniform Shop to stay warm.

Lastly, please follow us at @PrincethorpePE so that you can keep up to date with results and updated information.

Once again, thank you for your ongoing support of the Games' programme. Good luck to all teams!

**Neil McCollin, Jen Law and Mike Turns**

## **Contacting staff**

If you have an enquiry about a particular sport, please contact the member of staff who coaches the age group for that sport (see pages 2-3). Email is the best method for contacting sports staff, who are often away from their desks during the school day.

## **Positive Sport Parents**

Parents are welcome to attend both home and away fixtures (please see page 10 for postcodes). For home fixtures, please buzz at the automated barrier and drive to the end of the lane, where you will find designated parking near our pitches.

Sport is an integral and pivotal aspect of Princethorpe life and everyone should enjoy engaging in it, whether as a performer, spectator, official at home or visiting. The environment should be nurturing, positive and welcoming to all. Please may we ask you to abide by some simple guidelines ensure those around you do so too:

- encourage all players with positive use of language and support;
- respect the boundaries of the playing area for players and match officials;
- spectators deemed to be disruptive during a match may be politely asked to leave for the duration of that fixture.

## **Fixtures and selection**

All fixtures details can be found via:

1. [www.princethorpesport.co.uk](http://www.princethorpesport.co.uk)
2. [www.princethorpe.co.uk/sport](http://www.princethorpe.co.uk/sport)
3. <https://princethorpe.myschoolportal.co.uk>
4. Termly College calendar

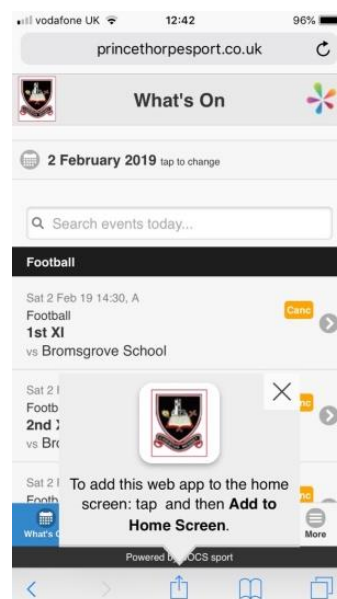
We pride ourselves on the diverse opportunities available to all pupils to get involved in sport, health and fitness at Princethorpe College. The main aim of the Sports department is to run a comprehensive sports' programme, which allows all pupils to represent the school with confidence and to the best of their ability.

All pupils are available for selection and need to be proactive in their checking of the team sheets, which are published on the

[www.princethorpesport.co.uk](http://www.princethorpesport.co.uk) website. This is password protected and this password is updated annually.

This webpage can be added to the home page of any smart phone in the form of an app (see right). We encourage all parents and pupils to add the webpage to the home screen of their phones, as it is a vital form of communication between school and home.

The training and fixture programme is agreed a term in advance to allow careful planning.



## Pupil expectations for selection

- **Ability:** In order to develop their individual ability, team understanding and technical knowledge pupils must commit to Games lessons and after school clubs;
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- **Attitude:** Pupils are expected to listen to coaching advice and respect decisions made by the member of staff in charge, including cover staff. They must also encourage and support their peers on the court/pitch;
- **Availability:** We expect full commitment from pupils if selected to play in a fixture. We do however understand that their availability is sometimes outside of your direct control. Pupils may be excused from selection for family occasions such as weddings, christenings and similar;
- **Communication:** Conversations between pupil and coach regarding being excused from selection should be done well in advance of the fixture;
- **Commitment:** Staff make team selections after the training session of the week leading up to the fixture.

Once again, if you have any queries please direct them towards your age group and activity coach.



## **Pupil expectations for Saturday fixtures**

- Arrive at the correct meeting time. Please check the app and Twitter for any last-minute updates;
- If travelling directly to the venue or not returning on the school bus, this has to be communicated to the relevant member of staff in good time;
- Arrive wearing the correct kit for travel:
  - Netball – full Princethorpe match kit with tracksuit bottoms;
  - Football – full school uniform; Princethorpe PE bag with kit;
  - Hockey – full Princethorpe match kit with tracksuit bottoms;
  - Cross country – full Princethorpe match kit with tracksuit bottoms.
- Attending refreshments after the fixture whether home or away is expected;
- Behaving appropriately at all times, especially in the changing rooms, while enjoying the experience of representing Princethorpe College;
- School rules apply to Saturday fixtures – no jewellery or make-up please;
- If unwell on the day of the fixture, please email the appropriate member of staff.

## **Fixture and training cancellations**

Pitch/court inspections will take place on the morning of the fixture and at lunchtimes for after school sports clubs. If fixtures are cancelled, we will publish the information on Twitter (@PrincethorpePE), on the app ([www.princethorpesport.co.uk](http://www.princethorpesport.co.uk)) and update the school calendar on the website ([www.princethorpe.co.uk](http://www.princethorpe.co.uk)) in that order.

If a Saturday fixture is cancelled, we will usually send a text message to parents of those due to play via iSAMS, but please may we kindly ask parents be proactive and check the app before leaving home.

If after school sports clubs are cancelled, the information will be posted on Twitter (@PrincethorpePE), Reception will be informed and pupils will be notified by their Period 6 teachers. The decision to cancel after

school clubs or fixtures is not taken lightly and is based on information available at the time regarding weather forecasts and pitch conditions. Your child's safety is of the utmost importance to us.

## Sports Clothing

Pupils are expected to be appropriately dressed in full Princethorpe sports kit for the activities which they are playing. We like to foster independence at Princethorpe, therefore pupils should be encouraged to pack their own bag and look after their own clearly named kit.

Curriculum PE Lessons	
Boys	Girls
Black sports shorts	Black skort
White polo shirt/house polo shirt	White polo shirt/house polo shirt
White socks	White socks

GCSE, BTEC and A-level Practical lessons	
Boys	Girls
Black sports shorts	Black skort
Red academic/white polo shirt	Red academic/white polo shirt
White socks	White socks

Games Lessons – <b>BOYS</b> – Lent Term		
Rugby Sevens	Hockey	Football
Black rugby shorts	Black sports shorts	Black sports shorts
Red and black rugby shirt	White polo shirt	White polo shirt
Football/rugby boots	Black Princethorpe socks	Black Princethorpe socks
Gum Shield	Trainers/ astro-turf trainers	Football boots
	Gum shield and shin pads	Shin pads

In cold weather black tracksuit bottoms, black sports fleeces and/or Princethorpe sports jackets should be worn. Gloves are optional for Hockey and Football.



Games Lessons – <b>GIRLS</b> – Lent Term	
<b>Netball</b>	<b>Hockey</b>
Black skort	Black skort
White polo shirt	White polo shirt
White socks	Black Princethorpe socks
(Netball dresses will be available for A team match players from Year 9 upwards)	Trainers/Astro-turf trainers
	Gum shield and shin pads

In cold weather black tracksuit bottoms, black sports fleeces and/or Princethorpe sports jackets should be worn; Gloves are optional for Hockey. Gloves are not permitted for Netball.

If pupils wish to wear base layers or 'skinz' in any PE or Games lesson, they must be black in colour. No jewellery, including earrings, or watches are to be worn and hair must be tied up.

Only Princethorpe sports kit can be worn for sports lessons and at after school clubs. All kit must be clearly labelled (with embroidered initials and/or name labels) and valuables placed in your locker when you collect your sports bag.

## Sporting Fixture Postcodes

Alcester Grammar School	B49 5ED
Ashlawn	CV22 5ET
Avon Valley School	CV21 1EH
Aylesford	CV34 6LA
Bablake School	CV6 2NB
Bedford Modern School	MK41 7NT
Bedstone College	SY7 0BG
Bilton Grange	CV22 7JT
Bishop Vesey's Grammar School	B74 2NH
Bloxham School	OX15 4PE
Bromsgrove School	B61 7DU
Campion School and Community College	CV31 1QH
Coundon Court	CV6 2AJ
Coventry Schools Astro	CV6 2BU
Danetre	NN11 4LJ
Derby Grammar	DE23 4BX
Denstone College	ST14 5HN
Edgbaston High School for Girls	Richmond Hill Road B15
Foremarke Hall	DE65 6EJ
Hampton Hockey Club	B92 0DQ
Harris Church of England Academy	CV22 6EA
Hart Field, Rugby	CV21 3TP
Higham Lane School	CV10 0BJ
Hinckley Academy and John Cleveland College Sixth Form	LE10 1LE
KEGS Nuneaton	CV11 4BE
KEHS Girls	B15 2UB
Kenilworth School and Sixth Form	CV8 2DA
King Edward VI Aston	B6 6DJ

King Henry VIII School	CV3 6AQ
King's School, Worcester	WR1 2LL
Lawrence Sheriff School	CV21 3AG
Leicester Grammar School	LE8 9FL
Loughborough Grammar School	LE11 2DU
Loughborough High School	LE11 2DU
Lutterworth High	LE17 4QH
Newcastle-under-Lyme	ST5 1DB
Northampton High	NN4 6UU
Northampton School for Boys	NN1 5RT
North Leamington	CV32 5JF
Nottingham High School	NG7 4ED
University of Nottingham	NG7 2RD
Queen Mary's Walsall School	WS1 2PG
Ratcliffe College	LE7 4SG
RGS Worcester	WR1 1HP
Rugby School	CV22 5EH
Solihull School	B91 3DJ
Southam College	CV47 0JW
Stratford	CV37 6BG
Stratford Girls' Grammar School	CV37 9HA
St Martin's	B91 3EN
Stowe School	MK18 5EH
St Thomas More	CV10 7EX
The King's High School for Girls	CV34 4HJ
The Kingsley School	CV32 5RD
Trent College	NG10 4AD
Tudor Hall	OX16 9UR

King Edward's School Birmingham	B15 2UE
King Edward VI Camp Hill School for Boys	B14 7QJ
King Edward's School Five Ways	B32 4BT
KES Nottingham	NG7 4ED
King Edward VI School, Stratford	CV37 6HB
Kimbolton School	PE28 0EA
Kineton High	CV35 0JX
King Edward VI Aston	B6 6DJ

Twycross House	CV9 3PQ
Uppingham School	LE15 9QD
Warwick School	CV34 6PP
Wellingborough School	NN8 2BX
Welbeck DSFC	LE12 8WD
West Coventry Academy	CV4 9PW
Worcester Sixth Form College	WR1 2BE
Wrekin College	TF1 3BH

## Monday – Sporting Clubs

Sport	Venue	Age group	Time	Staff Member
Boys' Futsal (finishes at half term)	Astro	U15, U14	13:10 - 13:40	S Dear N McCollin
Boys' Hockey	Astro	U14, U12	16:00 - 17:30	P Whitehead W Bower D Phelps
Boys' Rugby	Orchard	U18, U17, U16, U15	16:00 - 17:30	S Friswell
Boys' Cricket	Sports Hall	U18, U17, U16	16:00 - 17:30	M Turns
Netball	Courts	U18, U17, U16	16:00 - 17:30	H Carminati B Dyke M Owen L Harrison
Climbing	Climbing Wall	All years	16:00 - 17:30	Rotation of staff
Fitness Suite	Fitness Suite	All years	16:00 - 17:30	G Rooney

## Tuesday – Sporting Clubs

Sport	Venue	Age group	Time	Staff Member
Basketball	Sports Hall	All years	13:10 - 13:40	N McCollin
Boys' Football	Orchard	U18, U17, U16, U15	16:00 - 17:30	R Holtom S Dear
Boys' Hockey	Astro	U18, U17, U16	16:00 - 17:30	P Whitehead C Vella
Boys' Hockey	Astro	U15	16:00 - 17:30	R Mack D Phelps
Boys' Cricket	Sports Hall	U12	16:00 - 17:30	M Turns
Netball	Courts	U15	16:00 - 17:30	L Harrison

## Wednesday - Sporting Clubs

Sport	Venue	Age group	Time	Staff Member
Cross Country	Main field	All	07:30 - 8:10	W Bower
Boys' Rugby	Orchard	U14, U13, U12	16:00 - 17:30	S Friswell P Bucknall
Girls' Hockey (finishes at half term)	Astro	U13, U12	16:00 - 17:30	H Carminati R Mack E Callan
Girls' Cricket	Astro/ Cricket Nets	U13, U12	16:00 - 17:30	H Carminati E Callan
Netball	Courts	U14	16:00 - 17:30	J Law B Dyke M Owen
Trampolining	Sports Hall	All years	16:00 - 17:30	S Cox
Advanced Climbing	Climbing Wall	All years	16:00 - 17:30	Rotation of staff
Indoor Archery	Refectory	Advanced	16:00 - 17:15	R Southern

## Thursday – Sporting Clubs

Sport	Venue	Age group	Time	Staff Member
Fitness Suite	Fitness Suite	All years	13:10 - 13:45	T Walton
Badminton	Sports Hall	U16, U15	13:10 - 13:45	L Harrison
Boys' Futsal (finishes at half term)	Astro	U13, U12	13:10 - 13:40	D White R Holtom
Boys' Football (starts after half term)	Switzerland	U14, U13, U12	16:00 - 17:30	N McCollin D White R Holtom
Boys' Cricket	Sports Hall	U13	16:00 - 17:30	G Rooney
Girls' Hockey	Astro	U17, U16, U15, U14	16:00 - 17:30	R Mack J Law L Gane D Phelps
Netball	Courts	U12	16:00 - 17:30	H Carminati B Dyke M Owen

## Friday – Sporting Clubs

Sport	Venue	Age group	Time	Staff Member
Boys' Football	Orchard	U18, U17, U16, U15	16:00 - 17:30	R Holtom S Dear M Taylor
Boys' Hockey	Astro	U13	16:00 - 17:30	M Turns
Boys' Cricket	Sports Hall	U15, U14	16:00 - 17:30	W Bower
Girls' Rugby	Orchard	All years	16:00 - 17:30	P Bucknall
Netball	Courts	U13	16:00 - 17:30	E Callan M Owen
Fitness Suite	Fitness Suite	All years	16:00 - 17:30	Rotation of staff